



COMMUNITY DEVELOPMENT
AND HEALTH NETWORK

Pathways to Health

Level 3 Application Form



Recognised
Provider

Pathways to Health is a 3 tier training and support programme delivered by the Community Development and Health Network.

Level 3 is for community and voluntary sector leaders who are committed to tackling inequalities in health using a community development approach. There is no doubt that communities can develop creative and innovative solutions to their own issues, when empowered to do so, but these initiatives alone are not enough to bring about transformative change. The benefit of this training is the chance to link grass roots practice with operational, strategic and policy working. It will provide participants with the opportunity to tackle health inequality in a unified way underpinned by the principles and practice of community development.

The **main outcomes** participants can expect from the training are as follows:

1. opportunity to integrate the values of community development at a strategic level
2. critically analyse and debate the evidence to determine the effectiveness of community development approaches
3. strengthen their understanding of community development approaches to tackling health inequalities
4. opportunity to develop their organisation internally by reflecting on practice and implementing change where necessary
5. identify external opportunities for partnership working and potential allies for their organisation.

Pathways to Health training will be delivered as a series of master classes, 1 day a week over a fortnightly basis. Each master class will focus on one of **6 main themes** to explore the efficacy of community development within:

1. Introductory ½ day
2. Health inequalities
3. Community Development
4. Economy
5. Sustainability
6. Research
7. Local government

Level 3 Training has been developed for individuals who have a strategic and policy development role within their organisation. Participants should have an in-depth understanding of community development approaches to health and be decision makers within community and voluntary organisations.

(There will also be a limited number of places available for statutory sector workers.)



⚙️ **Training will take place in the NICVA, BELFAST – (9.30am to 4.00pm)**

- Wednesday 4th March 2015
- Wednesday 18th March 2015
- Wednesday 1st April 2015
- Wednesday 15th April 2015
- Wednesday 29th April 2015
- Wednesday 13th May 2015
- Wednesday 27th May 2015

⚙️ **Participants must attend all 7 sessions**

⚙️ **Places will be limited to 1 or 2 people per organisation.**

⚙️ **Nominal charge of £70 per participant for the full course (includes ILM certificate)**

⚙️ **ILM Endorsed**

⚙️ **Our target groups are age sector groups (older/ young people), gender based groups (men's/women's groups), rural groups, black minority ethnic groups and mental health groups*.**

*Please note that these are our main target groups however a small number of places should be available to groups/participants that do not fit within these priorities.









More About You

| | |
|---------------------|--|
| Name: | |
| Organisation | |
| Job Title | |
| Address | |
| Post Code | |
| Phone Number | |
| Email | |
| Line Manager/Mentor | |

Your Group

| | |
|---|---|
| <p>Which best describes the focus of your group's work? (tick as many as appropriate)</p> | <ul style="list-style-type: none"> <input type="checkbox"/> Older People <input type="checkbox"/> Younger People <input type="checkbox"/> Men'Group <input type="checkbox"/> Women's Group <input type="checkbox"/> Rural Group <input type="checkbox"/> Black, minority ethnic group <input type="checkbox"/> Mental health group <input type="checkbox"/> Other <div style="float: right; border: 1px solid black; width: 60px; height: 100px; margin-top: 10px;"></div> <p style="margin-top: 20px;">If other, please indicate _____ _____</p> |
| <p>Is the majority of your work with a group or community leaders?</p> | |
| <p>How many groups or leaders are you working with? Please List</p> | |
| <p>Number of Staff</p> | |
| <p>Number of Volunteers</p> | |



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| Number of members/clients/contacts | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Your Experience | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Are you currently involved in community development and health work? | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Do you carry out community development and health work on a paid or voluntary basis? | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| How long have you been doing community development and health work? | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>How do you rate your understanding of the following topics?</p> <ul style="list-style-type: none">  Social model of health  Wider determinants of health  Relevance of CD approach to tackling health inequalities  Community development values and principles  Importance of partnership working to tackle health inequalities  How confident are you in your current abilities to do community development and health work? | <p>Please circle the number you feel most accurately represents your level of understanding.</p> <p>1 being no understanding and 5 being very knowledgeable.</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">No Understanding</td> <td style="width: 20%; text-align: center;">Very limited understanding</td> <td style="width: 20%; text-align: center;">Average knowledge</td> <td style="width: 20%; text-align: center;">Good understanding</td> <td style="width: 20%; text-align: center;">Very knowledgeable</td> </tr> <tr> <td style="text-align: center;">1 _____</td> <td style="text-align: center;">2 _____</td> <td style="text-align: center;">3 _____</td> <td style="text-align: center;">4 _____</td> <td style="text-align: center;">5 _____</td> </tr> </table> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">No Understanding</td> <td style="width: 20%; text-align: center;">Very limited understanding</td> <td style="width: 20%; text-align: center;">Average knowledge</td> <td style="width: 20%; text-align: center;">Good understanding</td> <td style="width: 20%; text-align: center;">Very knowledgeable</td> </tr> <tr> <td style="text-align: center;">1 _____</td> <td style="text-align: center;">2 _____</td> <td style="text-align: center;">3 _____</td> <td style="text-align: center;">4 _____</td> <td style="text-align: center;">5 _____</td> </tr> </table> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">No Understanding</td> <td style="width: 20%; text-align: center;">Very limited understanding</td> <td style="width: 20%; text-align: center;">Average knowledge</td> <td style="width: 20%; text-align: center;">Good understanding</td> <td style="width: 20%; text-align: center;">Very knowledgeable</td> </tr> <tr> <td style="text-align: center;">1 _____</td> <td style="text-align: center;">2 _____</td> <td style="text-align: center;">3 _____</td> <td style="text-align: center;">4 _____</td> <td style="text-align: center;">5 _____</td> </tr> </table> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">No Understanding</td> <td style="width: 20%; text-align: center;">Very limited understanding</td> <td style="width: 20%; text-align: center;">Average knowledge</td> <td style="width: 20%; text-align: center;">Good understanding</td> <td style="width: 20%; text-align: center;">Very knowledgeable</td> </tr> <tr> <td style="text-align: center;">1 _____</td> <td style="text-align: center;">2 _____</td> <td style="text-align: center;">3 _____</td> <td style="text-align: center;">4 _____</td> <td style="text-align: center;">5 _____</td> </tr> </table> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">No Confidence</td> <td style="width: 20%; text-align: center;">Very limited Confidence</td> <td style="width: 20%; text-align: center;">Average Confidence</td> <td style="width: 20%; text-align: center;">Good Confidence</td> <td style="width: 20%; text-align: center;">Very confident</td> </tr> <tr> <td style="text-align: center;">1 _____</td> <td style="text-align: center;">2 _____</td> <td style="text-align: center;">3 _____</td> <td style="text-align: center;">4 _____</td> <td style="text-align: center;">5 _____</td> </tr> </table> | No Understanding | Very limited understanding | Average knowledge | Good understanding | Very knowledgeable | 1 _____ | 2 _____ | 3 _____ | 4 _____ | 5 _____ | No Understanding | Very limited understanding | Average knowledge | Good understanding | Very knowledgeable | 1 _____ | 2 _____ | 3 _____ | 4 _____ | 5 _____ | No Understanding | Very limited understanding | Average knowledge | Good understanding | Very knowledgeable | 1 _____ | 2 _____ | 3 _____ | 4 _____ | 5 _____ | No Understanding | Very limited understanding | Average knowledge | Good understanding | Very knowledgeable | 1 _____ | 2 _____ | 3 _____ | 4 _____ | 5 _____ | No Confidence | Very limited Confidence | Average Confidence | Good Confidence | Very confident | 1 _____ | 2 _____ | 3 _____ | 4 _____ | 5 _____ |
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| 1 _____ | 2 _____ | 3 _____ | 4 _____ | 5 _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 1 _____ | 2 _____ | 3 _____ | 4 _____ | 5 _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 1 _____ | 2 _____ | 3 _____ | 4 _____ | 5 _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| No Confidence | Very limited Confidence | Average Confidence | Good Confidence | Very confident | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 _____ | 2 _____ | 3 _____ | 4 _____ | 5 _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |



