TACKLING HEALTH INEQUALITIES **THROUGH A** COMMUNITY DEVELOPMENT **APPROACH.**



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CONTENTS

CDHN Mission and Statement	5
Chairperson's Report	6
Director's Report	7

STRATEGIC AIMS

Strategic Aim One: Networking	8
Building the Community Pharmacy Partnership	8
Pathways to Health	14
Communications and Social Media	16
Strategic Aim Two: Influencing Policy	18
Strategic Aim Three: Campaigning	20
Treasurer's Report	22
CDHN Board and Staff	24



OUR VISION

To work towards ending health inequalities using a community development approach.

OUR MISSION

- To be the leading organisation championing community development.
- Approaches to tackling health inequalities.
- To be a centre of expertise that develops best practice, advances knowledge and develops tools for action.
- To ensure that communities can define and represent their own health needs and design and implement radical solutions.

OUR VALUES

- Health is a human right.
- Our health is affected by wider determinants such as the environment, education, living and working conditions, housing, access to food and social and community networks.
- When we work collectively using community development approaches we make the connection between all of these factors and our health.
- Collective action is the most effective tool to end health inequalities

CHAIRPERSON'S REPORT

"Social injustice is killing on a grand scale. The conditions in which people are born, grow, live, work and age are fundamental to health and health inequalities. Inequities in power, money and resources drive those inequities in daily life".

This powerful statement from Sir Michael Marmot, President Elect of the World Health Association, has been the driving force behind much of the work of Community Development and Health Network (CDHN) over the past year. Now more than ever, CDHN recognise the value and unique contribution that community development makes to improving lives and delivering the best possible health outcomes.

Addressing the continuing rise in inequalities and the widening of the gap is a significant challenge to our government, service providers and communities. CDHN provides policy, practical and financial support and investment to community and voluntary organisations, health and social care providers, policy organisations and government to ensure that the knowledge, information and tools for action are available to everyone concerned with reducing health inequalities. The current economic climate facing Northern Ireland means that more communities than ever are facing a life of disadvantage, highlighting very clearly the need for organisations such as CDHN to have secure and stable financial resources to enable us to continue to provide a high level of support and deliver positive outcomes. The Board has recognised the need to step up to the challenges posed by changes due to the economic recession and cuts to services and budgets. Transforming Your Care has resulted in a renewed emphasis on the importance of a connected caring community, where people are supported to remain in their own homes as long as possible, however we realise that this can only happen with a long term investment in developing and maintaining those community networks.

CDHN has an excellent and strong staff team and a Board who come from the community, voluntary, statutory and private sectors. This expertise is vital in steering the organisation through challenging times and keeping a focus on our mission, which is "to end health inequalities using a community development approach."

I would like to formally thank our Board, staff and membership for all their hard work and support during the past year. I would like to thank my fellow Board members, in particular Martin O'Neill, Vice Chairperson and Patrick McMeekin, Treasurer, for their unfailing support throughout the year. The staff and volunteers of CDHN have worked tirelessly to provide a consistently high level of service and should be congratulated. Thank you to all our funders for their on-going support for our work. Finally, my thanks go to the members of CDHN. You provide great inspiration to us with your continuing passion and commitment to tackling inequalities in your local area.

Karen Collins Chairperson CDHN

DIRECTOR'S REPORT

It is with pleasure that I present the Community Development and Health Network (CDHN) Annual Report for the period 2013 – 14. Our priority continues to be supporting our network to describe the difference their work makes within their communities. The provision of high quality training, support and networking opportunities remains one of the most effective ways to ensure the CDHN membership are skilled, confident and articulate.

The success of this approach is borne out in our increased membership numbers. The Network is in regular contact with around 2000 organisations, agencies and individuals. We have expanded our methods of communicating with our membership with increased use of our website and social media to share information and resources.

We were delighted to be able to support the delivery of a number of new initiatives including the facilitation of the Good Neighbourhoods for Ageing Well Project within the Southern area, and the delivery of the Health Plus training for Pharmacies across Northern Ireland.

Building the Community Pharmacy Partnership (BCPP) continues to provide excellent examples of community development in action. The programme embodies strong partnership working, underpinned by community development principles and values leading to excellent practice and improved health outcomes. The training element of CDHN, led by Pathways to Health (PTH), ensures that CDHN members are skilled and knowledgeable about community approaches to tackling health inequalities. The programme continues to deliver consistently excellent quality training and support, underpinned by the most up to date literature and research.

"I found it to be an excellent course with practical and real value for participants and work. (Level 2 participant).

The addition of a Policy and Project Officer to the CDHN team has meant a much more effective focus on the current policy and strategic developments within Northern Ireland. This year we concentrated on developing our understanding and responses to a number of relevant issues including welfare reform, Transforming Your Care and Delivering Social Change.

As always, the support given by our Board of Directors is invaluable. CDHN is fortunate to have a very skilled Board from across the health, local government, private, community and voluntary sectors providing us with clear strategic guidance and effective governance responsibility. I would particularly like to thank the contribution of the CDHN staff team and volunteer Phyllis Hanratty for their hard work and unwavering commitment to our work of tackling inequalities.

Joanne Morgan Director CDHN

BUILDING THE COMMUNITY PHARMACY PARTNERSHIP

THIS YEAR CDHN HAVE COMMITTED OVER £350,000 TO BCPP PROJECTS

57 LOCAL BCPP PROJECTS FUNDED THIS YEAR

WE HAVE FUNDED 590 PROJECTS IN TOTAL

To ensure community development is central to tackling local health issues, BCPP have supported pharmacists and communities to work in partnership. This year we committed over £350,000 to 57 local BCPP projects.

Community Pharmacists have worked with a wide range of groups including older people, those with addictions, people affected by homelessness, at risk young people and mother and toddlers among many others. Developing local solutions to local issues and engaging people on a sustained basis has resulted in health gains. This was complemented by partnering with other organisations to reflect the wider issues impacting on people's health. The support provided by the BCPP team and the learning and commitment of local partnerships were critical to the success.

THANKS...

The BCPP Steering Group continue to provide support and leadership to the programme and their contribution is a much valued part of BCPP. They offer a vast range of skills and knowledge to BCPP and represent a wide range of backgrounds including pharmacy contractors, PHA and HSCB, community groups and local Council.

Continued thanks to the HSCB, particularly the Pharmacy and Medicines Management Directorate, for funding and working with us on the continued development of Building the Community-Pharmacy Partnership Programme.

HIGHLIGHTS

- This year, BCPP funded 21 Level 1 projects (up to £2000), 34 Level 2 projects (up to £10,000) and 2 Level 3 projects (up to £30,000). The BCPP team supported communities and pharmacists to explore local health issues, develop working together, engaging with participants, working with other relevant organisations and how to monitor and evaluate their work. This support extended beyond those who were successful in securing funding.
- 14 BCPP partners (community workers and Pharmacists) participated in a one day training session on group work skills. This supported those involved in BCPP to develop their practice in relation to engagement and participation in sessions. One participant said, "Today's training alleviated some of my fears. I now feel more confident facilitating groups."
- 'New Project Development Training' was delivered to more than 40 new BCPP partners. This training covers all elements of finance and evaluation in relation to projects and is complemented by one-to-one support meetings on community development. These one-to-ones explore the wider determinants of health, health issues and monitoring and evaluation requirements. This was facilitated by 100 project visits and providing additional support via telephone, email and written feedback.



Pictured are John Chave, Secretary General of PGEU; Anita Gribbin, Gribbin's Pharmacy; Raymond Anderson, President of the Commonwealth Pharmacists Association and Sharon Bleakley, BCPP Programme Manager at the project visit with Gribbin's Pharmacy in Toome.

- Demonstrating the impact BCPP has on tackling health inequalities is very important. We regularly check and record activity including the wide range of partners worked with, health issues addressed, numbers engaged with, 1-1 support and signposting offered. This year we found BCPP project participants demonstrated positive change in accessing services, understanding pharmacy, improvements in health and understanding of how to take responsibility for your health. The BCPP Impact Summary is available at: www.cdhn.org/bcpp/resources.
- Almost 60% of BCPP projects funded this year indicated they were engaging with some people from the top 20% of deprived areas (as defined by Super Output Area MDM measure).

PROGRAMME OUTCOMES 2013-2014

The information below is based on the analysis of over 700 Core Group Start and over 450 Core Group End Questionnaires.

- A General Health Questionnaire 12 (GHQ12) is a subjective measure of psychological well-being. Using this, over 34% of participants at the beginning of projects indicated that they had poor psychological wellbeing and this reduced to just 13% at the end.
- People who agreed that they had made healthy changes to how they lived increased from 50% to 63%.
- Those who agreed their health had not gotten worse over the last few weeks increased from 48% to 56%.
- 77% agreed they had a good understanding of how to improve their health an increase of over 16% from the start of the project.
- There was a 10% increase in those who felt confident talking about their health to other people.
- 87% would be confident about going to their pharmacist for help an increase of over 20%.

Sharing the Learning

We produced two editions of BCPP Lite Bites to promote the learning and impact of BCPP. This also acted as a tool to stimulate interest in becoming engaged with BCPP. It was distributed to CDHN members and over 500 pharmacies across Northern Ireland. We annually profile a minimum of 8 BCPP projects.

The CDHN website profiles all funded projects and includes outcomes achieved and we use this forum to promote the programme and funding widely. Regular articles have appeared in pharmacy and community magazines and websites, on Facebook and in local newsletters.

BCPP co-produced five editions of CDHN Health Bytes this year. Health Bytes contains up-to-date information on upcoming events, funding deadlines and news for and from our 1800 members.

BCPP continues to support pharmacists to share and value their learning. 6 BCPP pharmacists won Pharmacy in Focus Awards and 2 pharmacists won awards at the NI Healthcare Awards.

We shared our learning with the Pharmaceutical Group of the European Union (PGEU) by organising visits and discussions with two BCPP projects - Anita Gribbin, Toome Pharmacy and AMH Craigavon & Banbridge with Anderson's Pharmacy, Portadown.

BCPP lectured to the under-graduate pharmacy courses at the University of Ulster and Queen's University Belfast. Our goal was to stimulate their interest in working with their communities and to explore how they could utilise their knowledge and skills in different ways. As part of the Involving People Programme, BCPP shared their learning on partnership working at both a programme level and a local project level with input from Artillery Youth Centre and Crossin Pharmacy, Belfast.

BCPP supported the facilitation of workshops with QUB Centre of Excellence and the Institute of Public Health. The team also facilitated at five Community Conversation Consultations, engaging people in discussions on health and wellbeing.

BCPP partners have benefited from participation in the Pathways to Health Programme.

Transforming Your Care

The continued implementation of Transforming your Care meant that BCPP was able to be involved in a number of strategic and policy developments:

Showcasing a local BCPP project allowed us to share our learning with the Northern LCG. Feedback was very positive and we were able to have a follow up discussion with the Belfast LCG.

BCPP continue to sit on the Health+ Pharmacy Alliance led by the HSCB and PHA. The goal of this is to facilitate pharmacists to develop and enhance their public health role in the community by enhancing community engagement, partnership working and development of the pharmacy team. We believe our learning over the last decade has informed this development and has resulted in a team from CDHN successfully delivering 3 full day workshops to over 70 pharmacy teams. This work will continue next year.



Pictured are Raymond Anderson, President of the Commonwealth Pharmacists Association; John Chave, Secretary General of PGEU; Sharon Bleakley, BCPP Programme Manager and Colin Loughran, AMH Portadown during the Pharmaceutical Group of the European Union (PGEU) visits with AMH Craigavon & Banbridge and Anderson's Pharmacy, Portadown.

We worked with the Business Support Organisation to support the process of seeking communities views on the development and implementation of the NI Formulary. The NI Formulary is a list of preferred medicines chosen on the basis of quality, safety and cost which your doctor and others may choose to prescribe for you. A further 2 workshops were completed and a final report written.

We continued our involvement in the review of the N.Ireland Pharmacy Strategy 'Making It Better Through Pharmacy in the Community'. Seeing BCPP remain a core part of the forthcoming strategy is welcomed as is the focus on public health, understanding the impact of health inequalities and working closely with communities. In addition we were also part of the Medicines Optimisation Policy Group.

BCPP PROJECT STORIES

Level 1 BCPP Project – Whitehouse Pharmacy and North Star Basketball Group

Young males are often ignorant to or are not interested in issues relating to their health and often see themselves as less susceptible to disease or injury. Due to the statistics on prostate disease and suicides of young males, Pharmacist Sandra Cooke applied to BCPP to fund her project of working with young men aged between 18 and 30 in Derry/Londonderry.

She linked up with North Star Basketball Group and designed a project to increase awareness of common men's health problems, as prevention and early detection are key to better prognosis and outcomes. She targeted a sports club as young males who are actively involved in sports may feel they are fit and healthy and can be more ignorant to the potential health risks that they face.

Before the programme started Sandra spoke with the group and they said they wanted to learn more about topics such as smoking cessation, prostate disease, sexual health, drug and alcohol misuse, mental health, healthy lifestyle and basic first aid.

Sandra said, "By establishing a link with young males I made them more relaxed about coming into the Pharmacy environment to talk about any issues and equip them with some of the skills necessary to check themselves. I also wanted to talk to them about general lifestyle measures to improve their health, for example, the safe limits of alcohol consumption per week. I made the programme as interactive as possible so they didn't get bored and stop listening! I also did fun quizzes at the end of each talk with the incentive of winning basketball prizes."

Evaluation of the project showed that all of the respondents have a greater understanding of what the pharmacist can offer and they have all been encouraged to improve their lifestyle.

"I got to talk about things that I've thought about but had nowhere and no one to discuss them with."

"I got to learn about things most guys dismiss and laugh about."



Level 2 BCPP Project Ballybeen Women's Centre and Boots Pharmacy

Ballybeen Women's Centre is committed to the personal and social development of women, young people and pre-school children in East Belfast. They offer personal development courses, childcare, education and family support in an area of weak community infrastructure. They previously completed a Level 1 BCPP project and this was the first time that they had developed good contact with their local pharmacy. Their Level 2 project built on that relationship and the project was a journey of empowerment that made the women in the area healthier and happier.

The goal of the project was to improve the health of two core groups of 10 women through the identification of their education and training needs. They then designed the Body, Mind and Soul programme to reflect those needs.

Their pharmacist, Jayne Kennedy from Boots, was delighted to be involved in the programme. She said, "To be honest it was a bit nerve wrecking to begin with and I never imagined I could lead on sessions. However, I had heard great reports of other BCPP projects that Boots had been involved in and I knew it was something that I would enjoy. I really wanted the group to talk and get involved so getting them to discuss what they wanted and choose topics was the first step in this process."

Jayne made the sessions light-hearted and used quizzes as a learning tool to get chat going in the room. Gillian McCarroll, Health Projects Co-ordinator, said, "Jayne fitted in perfectly



with the group. She is a real character and the women go away after having a good laugh but they have learned something at the same time. The pharmacy is also in a great location and the women can stop in with her at any time. Women use this as a time out from their lives to focus on themselves and their health."

The project was a great opportunity to work with other organisations to help build the support network for the women and broaden the signposting and referral network for the pharmacist and Ballybeen.

They linked up with Alzheimer's Society, Aware Defeat Depression, Action Cancer, Mindwise and Allergy NI.

PATHWAYS TO HEALTH

This year Pathways to Health Training entered the 5TH YEAR OF THE PROGRAMME

CDHN believe everyone has potential to IMPLEMENT CHANGE AND TO HAVE A POSITIVE IMPACT

The aim: IMPROVE THE LIFE CHANCES OF ALL WITHIN OUR SOCIETY Pathways to Health Training has continued to go from strength to strength. This has been another successful year for the training and the first Institute of Leadership and Management (ILM) endorsed programmes were delivered.

Pathways to Health Training aims to build social capital and connect people involved in community development initiatives addressing health inequality and improving the life chances of all within our society.

Level 1 – Foundation and Leadership

This two day programme was delivered in Ballymena to 14 participants giving them the opportunity to develop their understanding of community development and health inequalities and providing them with the opportunity to reflect on their practice at an individual level.

Participants felt more confident and able to do their work. Giving feedback such as, 'I feel that my confidence has grown and my ability to work with communities has increased.' 'I will be better placed to support and help develop the groups I work with.'

Level 2 – Organisational Development and Leadership

Sixteen participants completed this 5 day programme in Ballymena helping them to embed community development values and principles into the work of their organisation and to be more articulate and confident in demonstration the impact of their work. The training included a networking day with the Stormont Outreach Team giving participants and other members the opportunity to engage with elected members, councillors and MLAs.

Here are some of the comments about what participants would do differently in their work...

'Look at my work from a different viewpoint as I now have a substantial amount of knowledge about community development and will be able to apply it to the environment I work in.'

'[I would] rethink engagement process and use models to implement community development to increase participation and meet the project aim.'

Level 3 – Strategic Development and Leadership

Level 3 Training was delivered in Derry to a mixture of leaders and senior managers within the community, voluntary and statutory sectors addressing health inequalities using a community development approach.

The 7 days training are delivered as a series of master classes where participants explore the following themes – community development, health inequalities, economy, sustainability, partnership working and research.

As in previous years the calibre of speakers was outstanding. We were delighted to have Dr Mike Grady from the Institute of Health Equity and Professor Mike Kelly Director of the Centre of Public Health, NICE back for the fourth year running.



Here are reflections of this learning in the participants own words.

"I really enjoyed hearing experts in their field and asking questions. The action planning at the end was vital so at a later date we can read over and remember what we got out of session."

"I found it to be an excellent course with practical and real value for participants and work. Will highly recommend the training to colleagues in the CD sector. Congratulations on developing such a valuable course."

Tailored training and facilitation

CDHN has continued to develop on our portfolio of tailored training; we carried out a number of commissioned contracts this year. We have worked across NI and in the Republic where we delivered a seminar in the Dundalk Institute of Technology and CD training in Dublin. We have developed and delivered a Group Work Skills training programme on behalf of the Building the Community Pharmacy Partnership to new grant recipients and continue to deliver training as part of the Health + Pharmacy initiative and the Masters in Public Health in Queens.

COMMUNICATIONS AND SOCIAL MEDIA

CDHN continue to offer FREE MEMBERSHIP

Our online version HEALTH BYTES E-ZINE IS SENT OUT ON A REGULAR BASIS

We now have a FACEBOOK PAGE TO HELP US CONNECT BETTER AND SHARE facebook.com/cdhnni

Membership

CDHN continue to offer FREE membership and we are encouraging all contacts to ensure they have signed up to our Statement of Values form. Membership is open to organisations and individuals from the community, voluntary, statutory and private sectors. We now have 1980 members.

Health Bytes

Our newsletter Health Bytes is as popular as ever and is distributed 6 times per year to 2080 contacts. Health Bytes provides invaluable information on events, training, funding and other opportunities within the sector. Health Bytes also informs on consultations and policy updates. In addition, we now profile member's work through case studies which highlight the specific contribution to community development that their work makes.

Health Bytes E-Zine

Our online version, Health Bytes E-zine, is sent out on a regular basis. To subscribe to the E-zine log on to www.cdhn.org and enter your email address.

Lite Bites

We produce two editions of BCPP Lite Bites and this is posted to CDHN members and over 500 pharmacies throughout NI. We profile a minimum of four BCPP projects per edition.

Website

Our website www.cdhn.org continues to be a fantastic resource for members. It has continued to evolve and contains an up to date bank of fact sheets, presentations and reference lists. Our facebook page helps us connect better and share more information and resources with members.







INFLUENCING POLICY

CDHN CONTINUE TO CO-DELIVER THE INVOLVING PEOPLE PROGRAMME with Stellar Leadership

CDHN continues to PROMOTE MENTAL HEALTH AND SUICIDE PREVENTION PROJECT

CDHN is a KEY PARTNER AND VITAL LINK TO THE COMMUNITY AND VOLUNTARY SECTOR

Public Health Agency / Health and Social Care Board "Involving People" Programme

CDHN continue to co deliver the Involving People Programme with Stellar Leadership. This programme brings together participants from the community, voluntary and statutory sectors, to engage in a programme of action learning, focused on the benefits of engagement and community development within the health and social care sector.

Through the Involving People programme, BCPP was able to share an example of community development in practice by facilitating a session with Kevin McDevitt Crossin Pharmacy and Chris Valente, Artillery Youth Centre.

Public Health Agency "Suicide Prevention Officers" Support Programme

CDHN continues to provide a range of services to the Public Health Agency's 'Promoting Mental Health and Suicide Prevention Project' in the Northern Area. This work supports a wide range of local actions and initiatives aimed at improving mental health and reducing the number of deaths by suicide. It empowers communities to build resilience and make positive choices in relation to mental health. As a key partner on the Suicide Prevention Steering Group, CDHN provide advice, analysis and facilitation support to Steering Group members and Officers.

Centre of Excellence for Public Health

CDHN is a key partner and vital link to the community and voluntary sector with the Centre of Excellence for Public Health (CoE). We continue to work closely with the Centre in developing closer links between the community and voluntary sector and researchers.

This year we jointly facilitated a workshop entitled Supporting Research & Evaluation in the Community and Voluntary Sector with the CoE, CENI, Research and Development PHA, the Institute of Public Health and the Building Change Trust on 5th Sept. The event was attended by over 80 people from the community, voluntary and statutory sectors resulting in lively and stimulating debate about the potential for the community and voluntary sector to contribute to and develop relevant research on health inequalities.

We also facilitated a workshop at the CoE away day in November, held in the Slieve Donard Hotel, Newcastle. The Theme of the workshop was Better Policy Making – Making Research Relevant and the keynote speaker was Dr Liz Mitchell, the then Deputy Chief Medical Officer.

CDHN continue to contribute to the Master in Public Health on the subject of Community Development. We also attended the new Public Health Research Network.

Case Study Template

Following a lengthy development phase, CDHN have begun using the Reflective Case Story Template to record the stories of change and impact in local communities. We have developed a model of working and guidance notes to support the use of the template within our membership and beyond.

In order to support our membership to develop reflective skills, a number of CDHN staff completed a reflective practice module with the University of Ulster at Jordanstown. An invitation was extended to groups within our membership to complete the module and 12 groups undertook the training.

Transforming Your Care

Transforming Your Care (TYC) sets out an overarching road map for change in the provision of health and social care services in Northern Ireland. It focuses on reshaping how services are to be structured and delivered in order to make best use of all resources available to us, and in so doing, ensure that services are safe, resilient and sustainable into the future. In order to support our membership to respond to the opportunities and challenges posed by TYC, CDHN facilitated a number of initiatives including a member survey to ascertain views on the implementation of TYC and how CDHN could support the sector, a workshop with the Centre of Excellence and a separate workshop for CDHN members facilitated by Pamela McCready, Director of TYC, and input into a NICVA hosted seminar on the impact of TYC on the sector.

CAMPAIGNING

CDHN carried out a series of WORKSHOPS TO EXPLORE THE PUBLIC HEALTH FRAMEWORK

Health+ Pharmacy Programme SEEKS TO ENHANCE COMMUNITY ENGAGEMENT

CDHN discussed the IMPACT OF WELFARE REFORM ON THE MOST VULNERABLE IN OUR COMMUNITIES

Public Health Framework for Northern Ireland

Following the successful facilitation of 5 workshops with the sector which informed the development of the draft public Health framework, CDHN were invited to participate in a number of workshops to finalise the framework and discuss the implementation phase.

NI Formulary Workshops

CDHN were offered the opportunity to work with Pharmacy in the Business Support Organisation to support the process of seeking the communities views in the development and implementation of the NI Formulary, a list of preferred medicines that your doctor would choose to prescribe for you if appropriate. The medicines are chosen on the basis of quality, safety and cost.

In this year, CDHN completed these workshops across a variety of interest groups.

Good Neighbourhoods for Ageing Well

CDHN was awarded a contract to organise 5 "Community Conversations " across the Southern area to seek the views of older people and facilitate discussion about what a "good neighborhood" would mean to them.

The conversation events were initiated by the Southern Strategic Health Improvement Partnership (SSHIP) and funded by the Public Health Agency (PHA). The events were coordinated by the local councils and were held in Kilkeel, Dromore, Craigavon, Keady and Fivemiletown.

Health + Pharmacy training

Health+ Pharmacy is a scheme which will accredit those pharmacies which can demonstrate they provide a consistent level of service in relation to health promotion, prevention and protection. Given our expertise in developing partnership between communities and pharmacists, CDHN were asked to be part of a group tasked with the design of a 2 day training programme for pharmacies across Northern Ireland. Following the development phase, we now deliver day 1 of the 2 day programme and focus on developing the skills of community based pharmacists and their well-being advisors in understanding and reaching out into their communities.

Policy responses

During this year CDHN responded to a number of key policy and strategy developments including Financial Capability, Childcare Strategy, Delivering Social Change for Children and Young People, Pharmacy Strategy.



Joanne Morgan, Director CDHN, Karen Collins, CDHN Chairperson and Pamela McCready, Director Transforming Your Care.

TREASURER'S REPORT

I am pleased to present the Treasurer's report for the financial year ending March 2014. The effective financial management of CDHN has continued to ensure that the organisation remains in a sound financial position despite the challenges faced. The strategy for developing a mixed portfolio of income continues to be successful and the development of new funding opportunities will continue as the organisation pursues its vision.

The financial results demonstrate that CDHN is responding effectively in the Community and Voluntary sector. CDHN has made a financial surplus for 2014 and the CDHN Management and Board will continue to closely monitor financial performance in-year and also the outlook for future periods.

CDHN has a healthy cash flow and a reserves position that is in line with the reserves policy. The main sources of income for the year were from the Health and Social Care Board (Building the Community Pharmacy Partnership), Big Lottery (Pathways to Health Project), DHSSPS Revenue Grant, CDHN earned income and some smaller projects (funded by Queens Centre of Excellence), Public Health Agency (Northern Area), Southern Strategic Health Improvement Partnership ("community conversation" workshops), Newry and Mourne District Council ("community conversation" consultation), Health and Social Care Board ("health +" training workshops). While delivering short term projects in parallel with long term projects, CDHN will continue to pursue opportunities for longer-term earned income and programmes, which will benefit our members and help to achieve our mission. In doing so, the Board will continue to support CDHN in managing its finances and seek out opportunities in a difficult and changing funding environment.

Finally, I would like to thank the staff who have managed and administered the finances of CDHN on behalf of the Board. Their efforts are an important contribution to the ongoing strategic development of CDHN and the achievement of its mission.

Patrick McMeekin January 2015

BALANCE SHEET

Year ended 31 March 2014	Notes	2014	2013
		£	£
Fixed assets Tangible assets	8	606	1,472
Current assets Debtors Cash at bank & in hand	9	203,936 2,637 206,573	222,758
Creditors: amounts falling due within one year	10	(50,320)	(79,971)
Net current assets		156,253	142,787
Total assets less current liabilities		156,859	144,259
Net assets		156,859	144,259
Fund of the charity Restricted revenue reserves Unrestricted revenue reserves	11	(1,973) 158,832 156,859	(1,680) 145,939 144,259

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Approved by the board and authorised for issue on 24th October 2014 and signed on its behalf by

Patrick McMeekin, Director & Treasurer P. MCMaelo Date 24 October 2014

CDHN BOARD AND STAFF

BOARD MEMBERS 2013 – 2014

Ms Karen Collins (Chairperson) Ms Elaine O'Doherty (Vice Chairperson) Mr Patrick McMeekin (Treasurer) Mr Martin O'Neill Mr Arfawn Yasin Ms Ruth Fleming Mr Liam Hannaway Ms Siobhan Sweeney (Resigned 11th December 2013) Ms Caroline Bloomfield Ms May Devlin (Resigned 11th December 2013) Mr James Carty (Resigned 11th December 2013) Ms Angela Denvir Ms Claire Higgins Ms Jonna Monaghan Mr Sheelin McKeagney Ms Laura Feeney Mrs Joanne Morgan (Secretary)

STAFF MEMBERS AT 31ST DECEMBER 2014

Joanne Morgan	Director
Ruth Murphy	Network Administrator
Mary Jones	Finance Manager
Sharon Kennon	Finance Officer
Kathy Martin	Pathways to Health Project Manager
Jenny Hanna	Pathways to Health Project Officer
Caroline McNulty	Pathways to Health Project Administrator
Sharon Bleakley	BCPP Manager
Mary O'Hagan	BCPP Financial Monitoring Officer
Laura Harper	BCPP Evaluation & Support Officer (Job Share)
Lorraine Fegan	BCPP Evaluation & Support Officer (Job Share)
Kerry Farrell	BCPP Information Officer
Theresa Rooney	BCPP Administrator
Meabh Poacher	Policy & Project Officer

CDHN Volunteers

We would like to thank **Phyllis Hanratty** for all her hard work and dedication.

CONTACT US

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