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2017 – 18 has been a challenging but rewarding year for CDHN - one in which we continued to serve our membership base and provide high quality support that makes a difference in people’s lives.

Ensuring financial stability is a core duty of the CDHN Board and this has been a particularly difficult year. The political impasse at Stormont has resulted in a noticeable reduction in the opportunities for an organisation such as CDHN to maintain, much less build on, our current income streams. Difficult times lie ahead however, with the support of our membership, I have no doubt we will rise to the challenge. It is imperative that organisations such as CDHN, who deliver invaluable support to grass roots groups, have secure financial investment which provides some sense of security in the longer term.

Creating the conditions for people to thrive is, and will continue to be, a core aspect of CDHN’s work throughout Northern Ireland. Despite many pressures on our organisation and membership, we remain totally committed to tackling the unfair and avoidable differences in health experienced by so many in our society. Community development, in our view, remains the most effective means of addressing these differences. We recognise the need to focus on community development as some of the core building blocks in society and not just as a means of improving services or involving service users. We continue to provide quality policy, practical and financial support and investment within local communities and across the community and voluntary and public sectors to equip people with knowledge, skills and tools for action.

CDHN has a committed staff team and a Board from a diverse range of backgrounds and skill sets. This is essential in steering the organisation through challenging times and retaining our unwavering commitment to ending health inequalities.

I would like to formally thank the CDHN Board, staff and membership for all their hard work and support during the past year. In particular I would like to thank my fellow Board Members Patrick McMeekin, Treasurer and Sheelin McKeagney, Vice Chair for their unfailing support.

The staff and volunteers of CDHN continue to provide a high quality and responsive service to members. Thank you to all of our funders for their ongoing financial support and, of course, to the members of CDHN who have been so committed to our organisation over the years. In the current climate, your support is an invaluable source of inspiration to us all.

Laura Feeney
CDHN Chairperson
I am delighted to present the CDHN Annual Report for the 2017 -2018 period. Preparing an Annual Report is always an interesting task in that it forces us to commit to paper all the pieces of work we tend to minimise or underplay. We in CDHN are no exception to this – it never fails to amaze me just how much this small team achieves, year on year, in difficult and everchanging circumstances.

This was the year where we felt the full effects of having no government in operation in Northern Ireland, not to mention the aftershocks of Brexit and the Trump election. Ensuring health inequalities and community development stayed on the political agenda couldn’t have been more important. Ironically, with no politicians in place, it seemed that both issues would be, at the very least, sidelined.

Fortunately, the Community Development Workstream led by the Public Health Agency (one of 17 transformation workstreams developed to implement Delivering Together) has provided a valuable platform for CDHN. Here we can ensure a continued focus across government in understanding and tackling health inequalities through taking action on social determinants, using community development as a key approach. The stories of change provided by our membership continue to provide a rich evidence base to illustrate our case. During this year, we were delighted to have presented and facilitated at several key engagement events to inform the workstream, including a number of local events and two Community Development Symposiums.

We also began an extremely interesting piece of work commissioned by the Building Change Trust. “Join the Dots” used a design thinking methodology to unpick the issues and challenges facing Primary Care health professionals in undertaking their responsibilities to tackle health inequalities.

Our training and facilitation continued with a wide range of support provided to the Department of Health, local government and the community sector on co-production, engagement and community development. One of the highlights of the year for us was hosting Cormac Russell, international expert on asset-based community development, to deliver a master class for the Public Health Agency health improvement staff.

Finally, we were proud and delighted to have been awarded the Building Community-Pharmacy Partnership contract from the Health and Social Care Board. The programme is now going through a process of internal review with a view to making it more streamlined and easier to access.

We continued to connect with our membership through networking events, seminars and workshops, ezines and BCPP News. Social media was an excellent platform for sharing news and experiences and we continue to use Facebook and Twitter as our main sources of connection.

As ever, the CDHN Board chaired by Laura Feeney, provided invaluable support to me as Director and to the rest of the team and I would like to extend a sincere word of thanks to them for their continued faith in us.

I would also like to thank the CDHN staff team and our volunteer, Phyllis Hanratty, for their hard work, determination and commitment to the work of the organisation. The words of Margaret Mead spring to mind when I think about them. “Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.”

Joanne Morgan
Director
Our Vision

Our vision is for an end to health inequalities.

Our Mission

Our mission is building a fairer and more equal society, and improving people’s lives, health and well-being through community development which releases individual and community capacity and influences change.

Our Values

Leading with Passion
In all our work we will lead with passion using our expertise and belief in what we are doing to inspire others.

Tenacity and Flexibility
We will be tenacious, focused and flexible to ensure an end to health inequalities.

Integrity and Respect
Through our words and actions, we will work with integrity and respect.

Equality and Inclusivity
We will recognise and promote equality and inclusivity to ensure we achieve social justice for all.

Valuing Others
We will value individuals, teams, partners, and communities recognising this as a key strength to achieving our vision.
Strategic Aim 1: Release capacity to improve people’s lives

BCPP Highlights

CDHN tendered for and secured the contract to continue to deliver the Building the Community-Pharmacy Partnership Programme (BCPP) for a further three years. The programme has been running successfully since 2003 with a proven track record demonstrating improvements in health, positive changes in how people use pharmacy and better relationships between pharmacists and communities. During this time, we have funded over 800 projects and invested over £5.3 million in grants to facilitate partnership working between community pharmacy and local communities.

Total BCCP funding amount in £ by Health and Social Care Trust Area over the last year

<table>
<thead>
<tr>
<th>Area</th>
<th>Funding Amount £</th>
</tr>
</thead>
<tbody>
<tr>
<td>Belfast</td>
<td>£28,000</td>
</tr>
<tr>
<td>Northern</td>
<td>£14,000</td>
</tr>
<tr>
<td>South Eastern</td>
<td>£51,770</td>
</tr>
<tr>
<td>Southern</td>
<td>£50,700</td>
</tr>
<tr>
<td>Western</td>
<td>£174,170</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>£174,170</strong></td>
</tr>
</tbody>
</table>

Participant comments:

“I liked getting out of the house and I enjoyed learning about my health and how I can make wee changes to make it better”.

“I am a new mum and I don’t have friends that are new mums. Stephanie has no idea how good she is – she has developed my confidence and I feel I could go into her in the pharmacy with any issue I may have”.
An analysis of 778 questionnaires from participants during this timeframe show that:

- After participating in BCPP, 81% of participants felt more in control of their health and 93% of pharmacists agreed they are making better use of their skills.
- 4 people took up volunteering as a result of their involvement in a BCPP Project.
- Participants agreeing their health is usually excellent increased by 22% by the end of the projects. 49.8% > 71.8%
- Almost one third (30%) of participants at the start of the projects indicated that they had poor psychological wellbeing. This had reduced to just 10% at the end of the projects. 33% > 10%
- Number of participants regularly going to the pharmacist for advice increased by 16%. 33% > 49%
- 92% of participants felt they had a better understanding of the role of the pharmacist by the end of the project.
- 18% increase in participants feeling they have things in common with the group at the end of the projects. 63% > 81%

Pharmacy comments:

“I have noticed participants coming in to use my pharmacy more as a result of the project. The men have become more informed about the individual ways each of them can be responsible to help improve their health. We have connected with them and they now view our pharmacy as a means to address any health queries they have. I have also taken up additional training with CDHN to help me deliver sessions with the groups I work with”.

Community Partner comments:

“Mary attempted a BCPP project before but felt it was too much and pulled out after the first session. Mary came to every session of this one, at the start she sat at the back of the room and on the last session, she was setting up the room and helping give out tea and coffee. Mary lost her husband and son 20 years ago and said this project has given her the confidence to face the world”.
Strategic Aim 2: Influence change towards a fairer and more equal society

Mid and East Antrim Age Well Partnership (MEAAP) – IMPACT Agewell

Our Director, Joanne was delighted to be asked to chair the strategic hub for this innovative and ground breaking model of social prescribing for older people in the mid and east Antrim area. The strategic hub has approximately 30 partners each quarter who are involved in the direction and delivery of the project including GPs, Pharmacists, Social Workers, Local Government officials as well as the PHA and HSCB. The project has been awarded almost £1million from Dunhill Medical Trust with an action learning evaluation being supported by SCIE and York Consulting.

Community Development Workstream

In January 2017, the PHA established a HSC Transformation Community Development Workstream with a view to developing a framework to guide the work of the HSC and the community and voluntary sector. As the workstream had a particular focus on community development as a way of tackling health inequalities, CDHN was seen as an important partner. Between April 2017 and March 2018, CDHN supported the workstream in a number of ways including the drafting of key sections of the framework, presenting at a series of local events and presenting and facilitating at two Community Development symposiums. The Workstream continues to be an important platform to present and represent the views and experiences of our membership.

Resurgam Strategic Advisory Group

CDHN’s Director, Joanne was also asked to join the Resurgam Trust Strategic Advisory Group which meets once each quarter to help shape the direction of the organisation. Resurgam is a Development Trust deeply rooted in both community development and action across social determinants. Some of the core areas of work are: Education & Employment; Community Development; Youth Provision; Social Enterprise; Community Safety; Health & Wellbeing; and Early Intervention.
Building Change Trust
‘Join the Dots’ Project

In 2017, CDHN was commissioned by the Building Change Trust under the Social Innovation NI Knowledge Exchange Programme to use a social innovation approach to explore the role of primary care in tackling health inequalities in Northern Ireland. As part of this project, which is due to finish at the end of 2018, we established a design team with representation from our membership, DOH Social Work, the Healthy Living Centre Alliance and the Innovation Lab. The design team was responsible for carrying out desk research and deciding the parameters for insight gathering.

Asset Based Community Development with the Public Health Agency and Cormac Russell

CDHN was delighted to co-host a workshop for PHA Health Improvement staff on asset-based community development with the international expert, Cormac Russell. It was a stimulating, challenging and very interactive day for all and the feedback from the event was extremely positive.

Poverty and Loneliness

CDHN has developed, with support from a steering group, a tool to screen for poverty and loneliness which will assist primary care providers to identify and refer those experiencing poverty and/or loneliness to relevant supports. Following discussion with the Deputy Chief Social Worker, Jackie McIlroy, the tool will be piloted in a small scale within the Northern Trust area. It provides an exciting opportunity for GPs, social workers and link workers to join forces and ensure vulnerable people do not go unnoticed.

All Ireland Pharmacy Conference

CDHN was delighted to have a BCPP poster presentation at the 8th All Ireland Pharmacy Conference in the Ballymac Hotel. The conference theme was Pharmacy’s role in Health Service Capacity Building and it was a perfect platform to promote and share the learning from BCPP. The conference dinner was also a great networking opportunity.

HSCB Visit to Right Key

BCPP brought representatives from the Health and Social Care Board to Lisburn to visit one of its funded projects - The Right Key. The visit allowed the group an opportunity to join in at the end of a session, meet the group and hear about their work.
800th BCPP project celebration

CDHN celebrated funding its 800th Building the Community-Pharmacy Partnership (BCPP) project. This milestone coincided with BCPP having invested a total of £5.3 million in grants to bring community and pharmacy together to tackle health inequalities.

The 800th BCPP project was a partnership between Women’s Tec and Pharmacist Kevin McDevitt from Crossin’s Chemist and consisted of interactive sessions that addressed mental health and wellbeing. To mark this wonderful achievement, CDHN held a celebration event hosted by Women’s TEC and attended by representatives from BCPP projects, the Health and Social Care Board (HSCB), the Department of Health, Pharmacy Forum and Community Pharmacy NI (CPNI).

Impact Report Launch

In August we launched our new Impact Report and Card for the Building the Community-Pharmacy Partnership (BCPP) programme, both branded with their newly designed logo. The launch was hosted in Cooper’s Pharmacy in Andersonstown by Michael Cooper who had recently been awarded a BCPP grant to work in partnership with the West Belfast Parkinson’s Group.

Collating and aggregating all the evaluation data from funded projects within a set time period, the Impact Report and Card visually displays the impact of the programme at a regional level through statistics and stories.

Health + Alliance

CDHN continued to deliver training on community development and health inequalities to pharmacist and wellbeing advisors as part of the Health + Alliance accreditation process.

QUB School of Pharmacy

CDHN continues to share the learning from BCPP with pharmacy students through the University. Kathy Martin delivered a lecture in partnership with pharmacist Jayne Magee to QUB fourth year pharmacy students. Jayne has many years’ experience of being involved in BCPP projects through her work with Lisburn Downtown Centre.

BCPP Finance and Evaluation Training

BCPP team delivered Finance and Evaluation training twice throughout the year to ensure all new projects were comfortable and confident with the requirements of their funding agreement. This was a great networking opportunity for groups and an opportunity to hear more about their work.
BCPP Funding Workshops

The BCPP team hosted a funding workshop in Belfast to meet prospective applicants and give them some feedback and direction on their project ideas. They also attended a funding fair in Fermanagh hosted by Fermanagh and Omagh District Council to share information and support.

Health Literacy

CDHN continues to expand its work on Health Literacy. Working in partnership with Belfast Health Cities (BHC), we co-delivered the IROLA Health Literacy Communication Skills Training for Health Professionals to participants in Derry and Belfast. CDHN and BHC then adapted this evidence-based training to a Northern Ireland context and created new case studies to have pharmacy focus. With the support of East Belfast Community Development Agency, we delivered the adapted materials to a group of pharmacists and pharmacy staff from a range of disciplines including community pharmacy, practice base pharmacy as well as pharmacy policy staff.

CDHN continues to input into the Health Literacy Working Group hosted by Belfast Healthy Cities and was delighted to present at the UK Health Literacy Conference to share the learning from this work.

Mid Ulster Community Pharmacy Partnership

CDHN continued to build links and network with the Mid Ulster Community Pharmacy Partnership to explore opportunities to engage and share learning. In March we facilitated a second networking event in Cookstown for local community pharmacists and staff to increase their knowledge of what other services are available to them in local communities and to develop their skills in strengthening the relationship with them.

Other Connections and Partnerships

- CDHN is also represented on the Department of Health's Medicines Optimisation Steering Group.
- CDHN was delighted to join the judging panel for the Pharmacy and Focus Awards. This is a fantastic celebration of the pharmacy sector and we were thrilled to be involved.
- CDHN is a member of the European Connected Health Alliance.
- CDHN is a member of the Health + Alliance.

“Such an enjoyable and informative meeting, without which I do not believe I would have fully understood the local support available to our patients. The evening not only allowed for information gathering and some reflective CPD opportunities but also offered some invaluable networking opportunities.”

Pharmacy Area Manager
BCCP Stories

McCartan’s Pharmacy and National Childbirth Trust (NCT)

According to the National Childbirth Trust (NCT), the first 1,000 days of a child’s life are the most important. NCT is the UK’s largest charity of parents, they provide information and support during pregnancy, childbirth and early parenthood. The organisation offers a range of services including a telephone helpline, breastfeeding peer support, antenatal education, Bumps and Babies as well as mums’ groups.

Local Newry Pharmacist, Stephanie Haughey from McCartan’s Pharmacy, is a member of Newry’s NCT. Stephanie realised life as a new mum is a time of great change and recognised the need for a pharmacy project with pregnant mums, new mums and breastfeeding mums.

As a pharmacist and a mum, Stephanie knew no one uses a pharmacy as much as a mother in those early years of parenting. Stephanie approached Seana Talbot from Newry NCT and, together with a group of mothers, designed a project and came up with a range of health issues to explore. Some of these issues included maternal mental health, diet and exercise, childhood ailments and social needs. The successful project ran for six sessions and removed the stigma of the pharmacist being unapproachable in the dispensary. The women realised how much support they could avail of and strong relationships were forged with Stephanie, the pharmacist, and with each other.

When asked what they liked most about the project, one mum said “I liked the opportunity to meet other local mums and we now meet up once a week. I learnt so much about other groups in my community that I can use for support and information following the birth of my little girl.”

Impact

Stephanie said “The project helped educate the women and took a holistic approach looking at emotional, mental and physical health throughout this time of great change in their lives - ‘the 1st 1,000 days’. Group discussion created a dynamic that was inclusive of all the mothers’ needs. This will have changed the lives of the mothers and, in turn, their babies and wider family members. Opening up their local pharmacy as a resource in the community has offered mothers a medical professional who is available without an appointment. This offers reassurance to mothers so that they do not feel they have to wait on an appointment with their GP.”

Stephanie said “Our project helped this group of women bond with each other and establish a link with their community pharmacy. It introduced them to many new schemes that they had not known about including minor ailments, smoking cessation and reviews of medicine use - all of which are free services. I really enjoyed hearing their stories and experiences.”
The Right Key and Johnston’s Pharmacy, Dromore

The Right Key is a not-for-profit musical performance organisation that brings positive social change for people at the margins of society. They deliver ‘singing for health’ workshops to improve the health, well-being and quality of life of disadvantaged groups. They provide a range of community activities and services in their Recovery Café in Dromore. They open the Café one day a week for elderly participants and provide a hot meal and the opportunity for older people to meet and socialise.

For their Level 1 BCPP project they were funded to run a five session programme with recovering alcoholics to take place over five months. These five sessions explored health related issues relevant to the group and included the mental and physical impact of long term alcohol abuse, healthier lifestyles, the benefits of exercise, pharmacy services and over the counter medication.

Their Pharmacist, Cathy Thompson-Murphy from Johnston’s Pharmacy in Dromore delivered and facilitated the sessions and stayed for the singing workshops. Cathy said, "The joy emanating from the workshops was a clear indication of how much a person’s mental state can be affected by doing something positive."

For their Level 2 BCPP project they worked with their Community Chords group, a group of elderly people who come to The Right Key for the Reminiscence Café and Lunch club. The goal was to bring about positive change to the lives of socially isolated older people. Research by Age UK shows that loneliness and social isolation are harmful to our health and has a physical effect equivalent to that of smoking or alcoholism.

Sheila Smyth, The Right Key, said, “When I mentioned the possibility of working with our local pharmacist the group were delighted. They liked the idea of strengthening the relationship with local pharmacy, and learning about what was available to their specific age group. We came up with the project together, deciding who would participate and what topics we would cover so the group had real ownership of the project and were never just passive observers. The group has fifteen participants, with others arriving afterwards for lunch and the singing session."

As they were already a part of Community Chords, they had bonded well as a group. Friendships had been forged through the singing and there was a lot of fun and laughter. This has been a great way to address the wider issues affecting them including lack of social/family contact, lack of transport, low income and vulnerability. Confidence has grown within the group and they were really pleased that the pharmacist participated in the singing activity with them after delivering her session.

The project included two performances by the group. One was the Council Christmas dinner event which catered for 90 people and Community Chords performed at this along with the pharmacist which was a fantastic experience. Participants from the Level 1 project now volunteer for the Level 2 project. They help clean and prepare the venue, prepare cooking and help with serving a healthy dinner and clearing up. They also collect some of the participants and leave them home. This support and encouragement is invaluable. Sheila said, “This has been a real lifeline for those who attend, with many saying that it is the highlight of their week. For many of the participants it is one of the times in the week where they have company and a proper cooked dinner.”
Training

Co-production

This year gave us a great opportunity to consolidate our co-production work. Not only were we heavily involved in supporting the Department of Health as part of the Co-production Working Group, we also delivered training to Department officials on the principles and practical implications of co-production as an approach. We travelled around Northern Ireland delivering co-production workshops for our members across the region and supported the development of the West Belfast Citizen Hub pilot model.

CDHN delivered training at Clare Lodge in Newcastle with representatives from the District Electoral Area (DEA) Mourne Forum and Kilkeel Development Association to be part of a very informative and constructive team building session. The aim of this session was to share knowledge, experiences and insights to create effective ways of working in partnership. The enthusiasm and passion for the local area, desire and commitment to improve the lives of local people was evident and a priority for all stakeholders in attendance to collectively bring about change.

Asset Mapping

We were delighted to receive an innovation voucher from Invest NI which allowed us to work with Dundalk Institute of Technology (DKIT) to develop an asset mapping online tool. We subsequently tested it with Resurgam in Lisburn and received very positive feedback and intend to roll this out further amongst our membership. We also facilitated some training and support to the DEA officers within Newry Mourne and Down District Council in asset mapping and its uses in a community planning context.

Involving People

Our partnership with Stellar Leadership continues as we deliver the participation and facilitation skills elements of the HSCB funded training programme.

Case Story Template

At the end of November, CDHN was invited to present at the last away day for the Centre of Excellence of Public Health at Queen’s University on ‘Community Based Interventions to Improve People’s Health’. CDHN has been one of the partners for the last eight years and has spent several years developing the reflective case story template with over 50 stories collated. We have worked with Professor Lindsay Prior and recruited a Queen’s intern, Francine Kennon, to do some further analysis of the stories. Using social analysis theory, Professor Prior has been able to demonstrate that keeping people at the centre of the planning, engagement and design of a project makes them more sustainable and ultimately have a better impact on their health and wellbeing.
Policy

Centre of Excellence for Public Health at Queen’s

CDHN is a key partner and vital link to the community and voluntary sector with the Centre of Excellence for Public Health (CoE). We continue to work closely with the Centre in developing closer links between the community and voluntary sector and researchers and also continue to contribute to the Masters in Public Health on the subject of Community Development.

Health Committee Meeting

CDHN hosted a visit to help the Health Committee support team to better understand the work of our organisation and our membership.

Lord Bourne of Aberystwyth, Parliamentary Under-Secretary (Northern Ireland Office)

CDHN hosted a visit for Lord Bourne and his team as one of a series of meetings with the community and voluntary sector in Northern Ireland. We took the opportunity to raise several key issues with him including the lack of joined up approaches to tackling inequality and a lack of sustained investment on community development approaches.

Our Director, Joanne presented at the Northern Ireland Policy Forum ‘Priorities for Primary Care’ Seminar on 8th November.


CDHN was invited by the National Pharmacy Association (NPA) to attend the Houses of Parliament, London for the launch of ResPublica’s report, Heartbeats on the High Street: How Community Pharmacy can transform Britain’s Health, Wealth and Well-being.

ResPublica, an independent non-partisan think tank, launched its latest report on Community Pharmacy and cited the Building the Community-Pharmacy Partnership (BCPP) Programme as an example of how Community Pharmacy can offer services designed to address locally-defined needs and can adapt to public demand, leading to positive outcomes.

We were delighted that the BCPP model had been recognised in the UK as a model of good practice. It was a great opportunity to share learning, network and promote the programme and the work of CDHN. and the Institute of Public Health ‘Working Together for Better Health and Wellbeing’ Conference on 15th November. Both events provided a great opportunity to showcase the work of our members in tackling inequality, taking action on social determinants and excellent community development practice.
Number of CDHN members
1842

Women’s Tec and Crossin’s Chemist
BCP P ‘na ils’ 8 0 0 th p roject
CDHN recently celebrated funding its 800th project through the BCPP Programme.

To date, CDHN has invested £5.3 million in grants on behalf of the Health and Social Care Board (HSCB) to tackle health inequalities. It was celebrations all round, as this milestone coincided with the HSCB announcement that CDHN was successful in its bid to continue the delivery of the BCPP Programme.

Women’s Tec and Pharmacist Kevin McDevitt from Crossin’s Chemist were the two partners in this 800th project. Women’s Tec provides non-traditional training courses to women such as carpentry and plumbing and has a great reputation for engaging women who are vulnerable and have experienced some level of crisis in their lives.

Kevin, the pharmacist, met with the group at the beginning of the project. Together they drew up a plan for the interactive sessions and topics they wished to cover including mental health, the role of the pharmacist, prescription medication and women’s health. AWARE came along to one of the sessions and together with Kevin, spoke to the women about mental health and outlined the valuable support they currently offer.

The project was very successful and had a positive impact on members in terms of confidence. At the start of the project only 40%...

Welcome to BCPP News, the newsletter brought to you by the Community Development and Health Network (CDHN) through its Building the Community-Pharmacy Partnership (BCPP) Programme. We hope you enjoy reading about some of the projects we have funded recently and the great work they have been doing through the BCPP Programme.

BCPP News is produced biannually and delivered to pharmacists and community organisations throughout Northern Ireland. The newsletter focused on the Building Community-Pharmacy Partnership programme and featured a number of articles on successful projects. We also sent regular ezines to all of our members with news, events and opportunities for training.

The BCPP Impact Card and Report was launched during the year displaying the impact of the programme at a regional level using statistics and stories.

We continue to support our vision by contributing articles to key media such as the Northern Ireland Healthcare Review and Pharmacy in Focus and issuing press releases to local media.

CDHN played a key role in the Pharmacy in Focus Awards, promoting the event and sitting on the Judging Panel for the Awards. We also profiled some of our BCPP groups for the Shining Light Awards and publicised to our members.
Treasurer’s Report

I am pleased to present the Treasurers’ Report for the financial year ending March 2018. The effective financial management of CDHN has continued to ensure that the organisation remains in a sound financial position despite the challenges faced. The strategy for developing a mixed portfolio of income and the development of new funding opportunities will continue as the organisation pursues its vision.

The financial results demonstrate the challenges CDHN is facing in the Community and Voluntary sector. CDHN has made a financial deficit for 2018 and the CDHN Management and Board will continue to closely monitor financial performance in-year and also the outlook for future periods.

CDHN has a healthy cash flow and a reserves position that is in line with the Reserves Policy. The main sources of income for the year were from the Health and Social Care Board (Building Community-Pharmacy Partnership programme), DHSSPS Revenue Grant, CDHN earned income and some smaller projects (funded by Queen's Centre of Excellence, Inspiring Impact and the Public Health Agency CLEAR project.

While delivering short term projects in parallel with long term projects, CDHN will continue to pursue opportunities for longer-term earned income and programmes, which will benefit our members and help to achieve our mission. In doing so the Board will continue to support CDHN in managing its finances and seeking out opportunities in a difficult and changing funding environment.

Finally, I would like to thank the staff who have managed and administered the finances of CDHN on behalf of the Board. Their efforts are an important contribution to the ongoing strategic development of CDHN and the achievement of its mission.

Patrick McMeekin
January 2019
## Balance Sheet

**Northern Ireland Community Development Health Network Ltd**

**Balance Sheet**  
**as at 31 March 2018**

<table>
<thead>
<tr>
<th>Notes</th>
<th>2018 £</th>
<th>Restated 2017 £</th>
</tr>
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<tbody>
<tr>
<td><strong>Fixed assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tangible assets</td>
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<td>3,002</td>
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<tr>
<td><strong>Current assets</strong></td>
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<td></td>
</tr>
<tr>
<td>Debtors</td>
<td>5</td>
<td>266,025</td>
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<tr>
<td>Cash at bank &amp; in hand</td>
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<td>57,625</td>
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<td></td>
<td></td>
<td>323,650</td>
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<tr>
<td>Creditors: amounts falling due within one year</td>
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<td>(166,001)</td>
</tr>
<tr>
<td><strong>Net current assets</strong></td>
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<td>157,649</td>
</tr>
<tr>
<td><strong>Total assets less current liabilities</strong></td>
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<td>160,651</td>
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<tr>
<td>Long term liabilities</td>
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<td></td>
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<tr>
<td>Provisions</td>
<td>7</td>
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<td><strong>Net assets</strong></td>
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<td>117,209</td>
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**The funds of the charity:**

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<th>2018</th>
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<tr>
<td>Restricted funds</td>
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<td>746</td>
</tr>
<tr>
<td>Unrestricted funds</td>
<td>117,209</td>
<td>118,225</td>
</tr>
</tbody>
</table>

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and Charities SORP (FRS102).

The financial statements were approved by the Board and signed on its behalf:

**Patrick McMeekin**  
**Director & Treasurer**

Date: 18 December 2018

Company Number: NI034114 (Northern Ireland)
## Northern Ireland Community Development Health Network Ltd

### Balance Sheet

<table>
<thead>
<tr>
<th></th>
<th>Restated 2018</th>
<th>Restated 2017</th>
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<tbody>
<tr>
<td><strong>Fixed assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tangible assets</td>
<td>£4,002</td>
<td>£2,127</td>
</tr>
<tr>
<td><strong>Current assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Debtors</td>
<td>£266,025</td>
<td>£171,570</td>
</tr>
<tr>
<td>Cash at bank &amp; in hand</td>
<td>£57,625</td>
<td>-</td>
</tr>
<tr>
<td><strong>Creditors: amounts falling</strong>within one year</td>
<td>(£166,001)</td>
<td>(£11,284)</td>
</tr>
<tr>
<td><strong>Net current assets</strong></td>
<td>£157,649</td>
<td>£160,286</td>
</tr>
<tr>
<td><strong>Total assets less current liabilities</strong></td>
<td>£160,651</td>
<td>£162,413</td>
</tr>
<tr>
<td><strong>Long term liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Provisions</td>
<td>(£43,442)</td>
<td>(£43,442)</td>
</tr>
<tr>
<td><strong>Net assets</strong></td>
<td>£117,209</td>
<td>£118,971</td>
</tr>
</tbody>
</table>

The funds of the charity:

- Restricted funds: £0
- Unrestricted funds: £117,209

### Notes

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and Charities SORP (FRS102).

The financial statements were approved by the Board and signed on its behalf:

Patrick McMeekin
Date: 18 December 2018
Director & Treasurer

Company Number:
NI034114 (Northern Ireland)

### CDHN Board and Staff

#### Board Members 2017 – 2018

- Ms Laura Feeney (Chairperson)
- Mr Patrick McMeekin (Treasurer)
- Ms Sheelin McKeagney (Vice Chairperson)
- Mr Arfawn Yasin
- Mr Liam Hannaway

#### Staff Members at 31st December 2018

- Joanne Morgan, Director
- Kathy Martin, Strategic Impact Manager
- Mary O’Hagan, BCPP Financial Monitoring Officer
- Laura Harper, BCPP Evaluation & Support Officer
- Helen McNamee, Project Manager, Pharmacy Self Care
- Mary McDonald, Administrator
- Linda Rogers, Communications Officer

#### Volunteer

We would like to thank Phyllis Hanratty for all her hard work and dedication.