



Welcome to 'Health Bytes', the **Community Development and Health Network's** bi-monthly information bulletin.

We welcome contributions from our members on upcoming events, research, launches and projects in the Community Development and Health field.

We hope that the information contained herein reflects the rich and diverse activities of our members so please email E: [ruthmurphy@cdhn.org](mailto:ruthmurphy@cdhn.org) and let us know what you are up to.

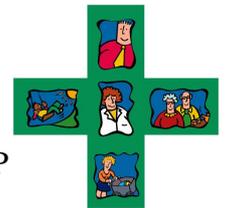
## *Joanne Morgan, Director update...*

As we enter a new financial year, there is a growing sense here in CDHN that we are in a year that is going to bring a lot of change. The Public Health Framework will soon be entering implementation stage, and we watch with keen interest as the Welfare Reform debate rages on. Transforming Your Care continues to provide challenges and opportunities in equal measure.

As ever CDHN is here to support your practice and provide you with the most up to date information about policy and strategy developments that affect your work. So, if you have any ideas for networking events or seminars that will help improve community development practice, then let us know! We look forward to hearing from you. Look out for our new "mini networking events"!

## *Building the Community Pharmacy Partnership (BCPP) update...*

Group Work Skills Training: We are offering pharmacists and community groups involved in BCPP projects a training opportunity to improve skills and confidence when working with groups. This training will enable you to deliver more interactive sessions. The training will take place on Tuesday 3rd June in NICVA, Belfast from 9.30am-4.30pm. If you would like to attend, please email [kerryfarrell@cdhn.org](mailto:kerryfarrell@cdhn.org) or call 028 3026 4606 for more information.



In March, 22 participants took part in our New Project Development Training for our most recently funded projects. At this training we covered the finance and evaluation aspects of what lies ahead but also supported participants to take their ideas forward.



## *Pathways to Health Training Update...*

CDHN is currently organising 3 mini networking events. We are linking up with members to organise these in the following locations:

- **7th May - Eden Community Centre, Carrickfergus**
- **19th May - Aisling Centre, Enniskillen**
- **27th May - Library, Derry**

The Networking events will take place from 10am until 1pm. Each event will facilitate 25 people and will include a workshop on the new CDHN Case-story template. It will also be a great opportunity to network and share experiences as well as discuss some of the pertinent health issues in your area.

To register email [carolinemcnulty@cdhn.org](mailto:carolinemcnulty@cdhn.org) or contact CDHN on Tel: 028 3026 4606.



How you receive Health Bytes will be changing... **health bytes**

Over the coming months CDHN will be phasing in issuing Health Bytes Via ezine. Therefore it is important that we have your correct email contacts. We will shortly be forwarding a contact updates letter to all member and would appreciate it if your could update and return.

## *Community is the Answer...*

CDHN is delighted to present 2 workshops at the upcoming International Community Development Conference 'Community is the Answer'.

The conference, organised by the International Association for Community Development (IACD), is being held in Glasgow from the 9<sup>th</sup> to 11<sup>th</sup> June 2014 and will bring together practitioners and policy makers from many different countries.

For more information on the conference log on to: [www.communityistheanswer.org](http://www.communityistheanswer.org)

## BBC Children in Need Outreach Programme...



BBC Children in Need currently fund 236 projects in towns and villages all over Northern Ireland with grants totalling over £6m.

They are hosting a series of outreach sessions across Northern Ireland to encourage new applications and to explain how the grant strategy works. All funding is focused on the outcomes you hope to achieve through your project.

Below are the dates and venues when we will be available to meet with you:

- 29th April, BBC, Belfast
- 30th April Ballybot, Newry

For further information contact Siobhan

McKenna on  
028 9033 8221 or  
Email:

siobhan.mckenna@bbc.co.uk.



## NI Healthcare and Pharmacy in Focus Awards...

The winner of the 'Managing Substance Misuse in the Community Award' was Colleen Duffy from Boots in Derry. Colleen worked with HURT for a BCPP project to address the issue of substance misuse in Northern Ireland. Another finalist in this award was Paul Wilkinson of Mooney's Pharmacy in Belfast because of the work he has been doing with Carlisle House for their BCPP project. For this project Paul won the Pharmacist of the Year Award from Pharmacy in Focus.

The winner of the 'Working in Partnership: GP Surgery and Pharmacy Practice of the Year Award' was the Orchard Family Practice and Anderson's Pharmacy. Pharmacist Raymond Anderson has been involved with a few BCPP projects, recently working with AMH in Portadown. Another finalist for this award was O'Kane's Pharmacy in Draperstown who are currently working with S.T.E.P.S. Mental Health.



Pharmacist Colleen Duffy from Boots in Derry receiving the 'Managing Substance Misuse in the Community Award'.

## Working Together For You...



LOTTERY FUNDED



This innovative project is aimed at delivering mental health and wellbeing services to a range of people across Northern Ireland. The £3 million Big Lottery Funded project is led by Action Mental Health (AMH) in association with Aware Defeat Depression, CAUSE, CRUSE, MindWise, Nexus, Praxis Care, Relate NI and The Rainbow Project.

This is the first time nine leading mental health charities have come together to help young and old, men and women, minority groups and marginalised groups. All the services under Together For You are free, and can be accessed in one place through the new Together For You website ([www.togetherforyou.org.uk](http://www.togetherforyou.org.uk)).

Services include befriending; bereavement support; counselling services including relationship counselling, Cognitive Behavioural Therapy and specialist trauma counselling; support for carers, mental health education programmes, LGB&T support and volunteering opportunities. For further information on the full range of services on offer, visit [www.togetherforyou.org.uk](http://www.togetherforyou.org.uk) or call 028 9032 9150



## Do you have experience in Health Promotion, Podiatry or Dentistry? Special Olympics Ulster, Healthy Athlete Programme is now recruiting volunteers!

Special Olympics Ulster is a year round sports training and competition organisation for children and adults with an intellectual disability.

In addition to our sports programme we offer a free health information and screening service for Special Olympics Athletes, which usually takes place at a Special Olympics Ulster competition or event.

The Healthy Athlete Programme currently offers athletes Health Promotion, Fit Feet and Special Smiles screenings. If you would like further information or would like to become involved, please contact Emma Douglas on 028 9026 2774 or email [emma.douglas@specialolympics.ie](mailto:emma.douglas@specialolympics.ie)

## QUB Youth Justice Programme...

A new MSc Youth Justice/ PG Diploma Youth Justice programme commences in Queen's University, Belfast in October 2014.



This innovative new programme has been designed for those who want to advance their understanding of youth issues, youth offending and social and criminal justice responses to young people.

The course is delivered through a blended learning approach which includes a mixture of face-to-face and online learning, traditional lectures, workshops, condensed weekend module and online discussion forums. For further information, visit [www.qub.ac.uk](http://www.qub.ac.uk)

Health and Social Care (HSC) is planning to build a single 'One-Stop Shop' public-facing website for citizens of Northern Ireland which will include information on all HSC services. This website will hold a full suite of accredited information on a wide range of health topics including preventative and self-management advice, service locator, standards to expect when receiving care, complaints information, contact information and links to community, voluntary and support groups.

What would you like to include in this and how should this information be presented? This is your opportunity as service users to shape this exciting new venture.

Workshops will take place in Belfast Central Mission on 29th April and the Waterfoot Hotel in Derry on 14th May. Both Workshops start at 12:30 and conclude at 16:30. Please register by emailing [cheryl.mccauley@hscni.net](mailto:cheryl.mccauley@hscni.net) or t: 0800 917 0222 or 028-3834-9900.

### Volunteer Recruitment...

Cancer Focus are recruiting volunteers to be part of the Cancer Focus NI schools health education programme providing health education presentations to groups of post primary pupils. The presentations are part of an overall programme aimed at educating pupils in the areas of smoking, diet, exercise, alcohol, care in the sun and being body aware. The programme is intended to equip young people with the information they need to make healthy life choices and reduce their risk of cancer.

Volunteers will travel to schools that have pre-booked with Cancer Focus and present Cancer Focus information to the pupils, answer any questions about the work of Cancer Focus and liaise with the teachers to provide any further information required.

It is important that volunteers are reliable, able to work on their own initiative, happy to follow instruction and support the work of Cancer Focus NI.

If you would like to find out more about this role please contact Morag Chambers at 9066 3281 or at [moragchambers@cancerfocusni.org](mailto:moragchambers@cancerfocusni.org)



### Creating the Good Economy Conference - Generation X...

Well known blogger Jack Monroe will be one of the key speakers at the NICVA economic conference in Riddel Hall on Wednesday, 28th May.

Jack's blog about her struggles with losing her job, raising her child alone and cooking on a strict budget has made headlines around the world. The conference will look at contemporary poverty: for the first time, working households make up the majority of those in poverty.

This raises concerns around issues such as low pay, the rise of part-time and temporary working, and the high cost of childcare.

The conference will discuss the extent and causes of in-work poverty in Northern Ireland, and what should be done to address the problem.

Jack Monroe will be joined by Graeme Harrison from Oxford Economics and Tom MacInnes from The New Policy Institute.

For more information about this event please contact at [coin.rooney@nicva.org](mailto:coin.rooney@nicva.org) or call 028 9087 7777.



### Ethical and Shared Remembering...

This six-week course on a Decade of Change and Violence in Ireland (1912 – 1922) will explore the following topics and no previous knowledge of history is needed:

- The Ulster Covenant 1912
- The Great War 1914-1918 - The Battle of the Somme 1916
- The Easter Rising 1916
- The Anglo-Irish War or War of Independence 1919-1920
- Partition 1921
- Anglo-Irish Treaty 1921
- Civil War 1922-1923

The training is being delivered by Maureen Hetherington and Seamus Farrell from the Junction and targets individuals who wish to undertake similar conversations in their own area on the Decade of Anniversaries. Join us from Monday 12th May until Monday 23rd June from 7pm - 9.30pm at RCN in Cookstown to explore this decade through an ethical and shared lens. Please register your interest with [teresa@ruralcommunitynetwork.org](mailto:teresa@ruralcommunitynetwork.org) or phone RCN 028 8676 6670.

### Patient Centred Prescribing Conference...



Maximising the value of non medical prescribing and early intervention in Transforming Your Care Conference on Independent Prescribing for Physiotherapists and Podiatrists.

Who should attend?

Healthcare Commissioners, TYC Implementation Leads, GPs, Clinicians, Voluntary Sector, Organisations and Patient Representatives.

This conference is supported by funding from pharmaceutical companies.

Date: Tuesday 29th April 2014, University of Ulster, Jordanstown

To reserve your place please RSVP to: [mcerleanh@csp.org.uk](mailto:mcerleanh@csp.org.uk)



# Consultations



## **Consultation on Shadow Arrangements and Draft Local Government Regulations**

Department of Justice, closes 2nd May

[http://www.doeni.gov.uk/amended\\_shadow\\_arrangements\\_consultation.pdf](http://www.doeni.gov.uk/amended_shadow_arrangements_consultation.pdf)

This is final push of Review of Public Administration and over the coming year the current 26 councils will be transiting to 11 “super” councils. The 11 councils and CEO’s are:

Fermanagh and Omagh Council - Brendan Hegarty

Lisburn City and Castlereagh Council - Dr Theresa Donaldson

Mid and East Antrim - Zanne Donaghy

Cuseway Coast and Glens Council—David Jackson

Armagh, Banbridge and Dungannon—Roger Wilson

Mid Ulster - Anthony Tohill

Belfast—Suzanne Wylie

Newry and Mourne and Down Council - Liam Hannaway

Antrim and Newtownabbey Council - Jacqui Dixon

Derry and Strabane Council—John Kelpie

North Down and Ards Council - Stephen Reid

The next year is a period of change and preparation. The new councils will have no service delivery responsibly until April 2015. Current councils will be expected to support the new councils in relation to information, premises, facilities and staff.

Some of the new powers and responsibilities of the new councils are:

Roads

Housing

Planning, spatial and community

Urban planning and community development

Local economic development

There are several complimentary policies and strategies out for consultation at the moment, these include:

Draft Code of Conduct for Councillors

Draft Local Government Pension Scheme

Severance for Councillors

## **Development of Sexual Orientation Strategy.**

Office of First Minister and Deputy First Minister, closes 6th June 2014

<http://www.ofmdfmi.gov.uk/index/equality-and-strategy/equality-human-rights-social-change/sexual-orientation.htm>

There have been many delays in getting a sexual orientation strategy, which was first consulted on in 2006. and promised with the subsequent programme for government.

*“The Sexual Orientation Strategy and Action Plan will provide an overarching policy framework within which departments, their agencies and other relevant statutory authorities can develop actions that promote equality of opportunity for LGB people across government’s major policy areas, tackle the specific inequalities they face and counter prejudice, intolerance and hatred” (OFMDFM, 2014)*

## **Consultation on Fine Collection and Enforcement in Northern Ireland**

Department of Justice, closes 6 June 2014

<http://www.dojni.gov.uk/consultation-on-fine-collection-and-enforcement-in-northern-ireland>

This strategy seeks to transfer fines from police led enforcement to court authority. It includes options on how to deal with people who actively refuse to pay.