Developing a place based, Inequalities Informed Approach for Lisburn

Gillian Lewis, Co-Chair Lisburn Health Inequalities Steering Group

Dr. Lisa Cromey, Local Health Profile Lead, Lisburn Health Inequalities Steering Group Led by Lisburn Integrated Partnership in collaboration with:















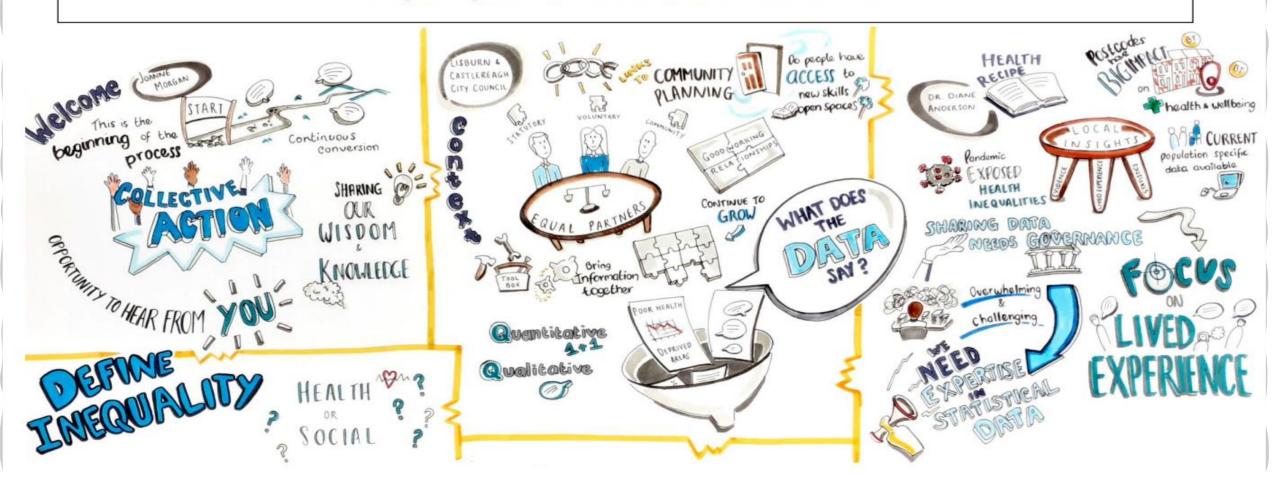




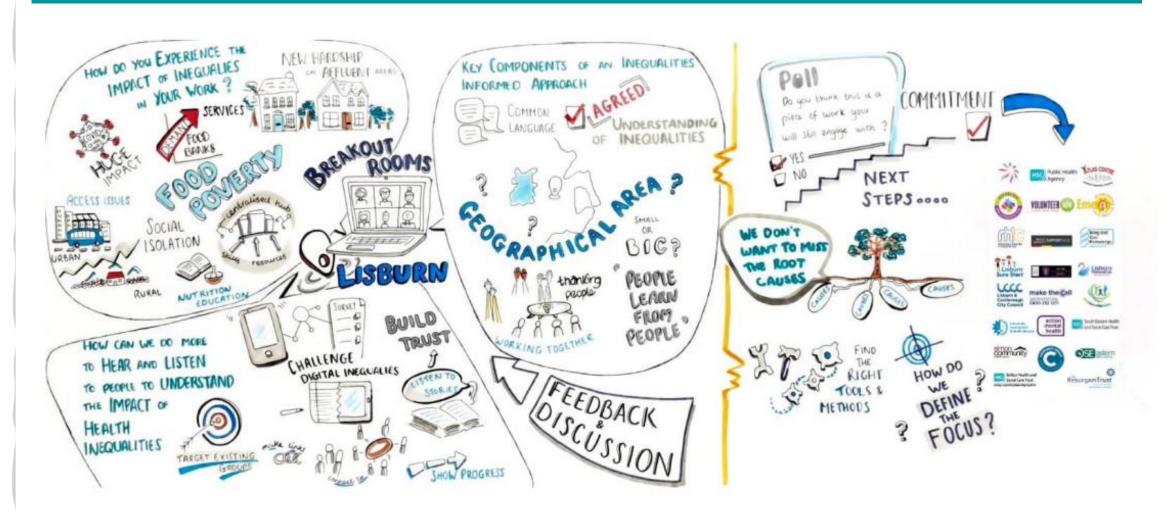
Why Did Why Start? A call to Action

A Call to Action to Co-design an Inequalities Focused Approach to Health and Wellbeing across Lisburn

Graphic report from Discussion on 7th October 2020



Why Did Why Start? A call to Action



Anticipated Outcomes

- People* with lived experience feel valued and heard
- People and professionals are skilled and knowledgeable about inequality, impact of social determinants and lived experience
- People and communities as a collective, are more actively engaged in informing and influencing decisions that affect their health and wellbeing

*People meaning service users, clients, patients, carers, families, community leaders etc

What did we do?

- 1. Built Relationships: A focus on what matters to people and place
 - Community stakeholder events (130)
 - Community of practice (27) Project Echo
 - Facilitated 5 lived experience workshops + Surveys (70)
- **2. Built on Assets**: Iterative process, **mixed research methods** applying the 'three stool approach'
- 3. Built up a picture: Developed a locality health and wellbeing profile for Lisburn
- **4. Knowledge exchange** (70) to interpret and sense check findings and identify priorities for action

What did we find?



We talked to some service providers in your area about the type of inequalities people are facing in relation to health. Here are some of the things they said...

People very often don't realise they are experiencing health inequalities

Some people feel that where they live affects the help they get for their physical health and long term health conditions

Many children with special educational needs aren't able to get the right placement

Trying to sort out things like benefits and housing is stressful as they are so complicated

It can be hard to get to appointments, because of travel costs or access issues

Some people give up and stop trying to get support, which can make things worse

Carers often don't ask for help

Experiencing multiple inequalities can make things worse and it can be even harder to access services

People sometimes don't ask organisations like social services for help, as they are scared or worried

It can feel like 'money talks' when it comes to health care.

There is still a stigma around mental health. It's hard to get help if you have an addiction too

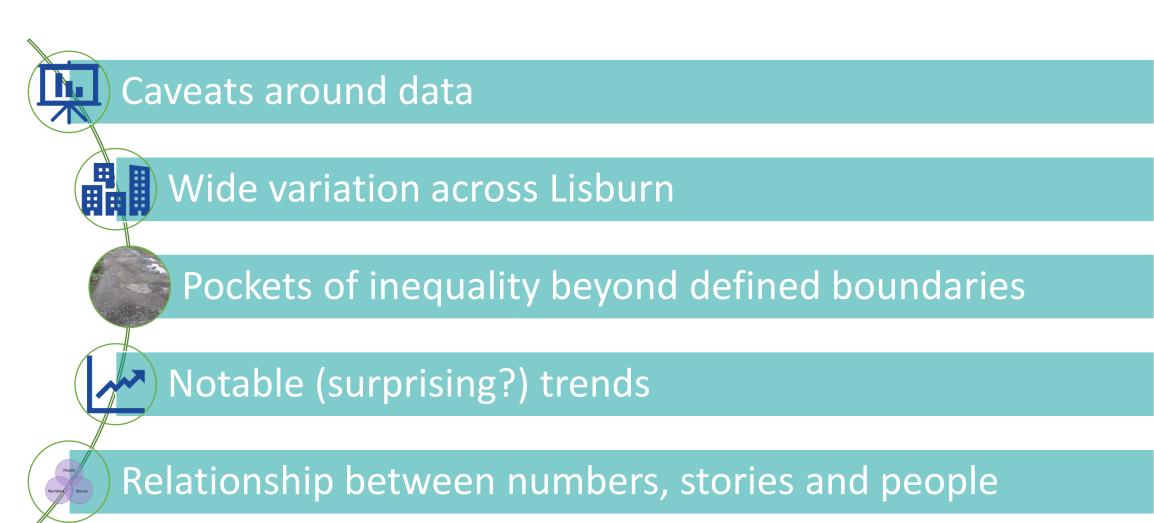
Not having the right technology or being able to use it is an issue for many

Some politicians listen, others seem not to care

The COVID-19 pandemic has made things worse for many people



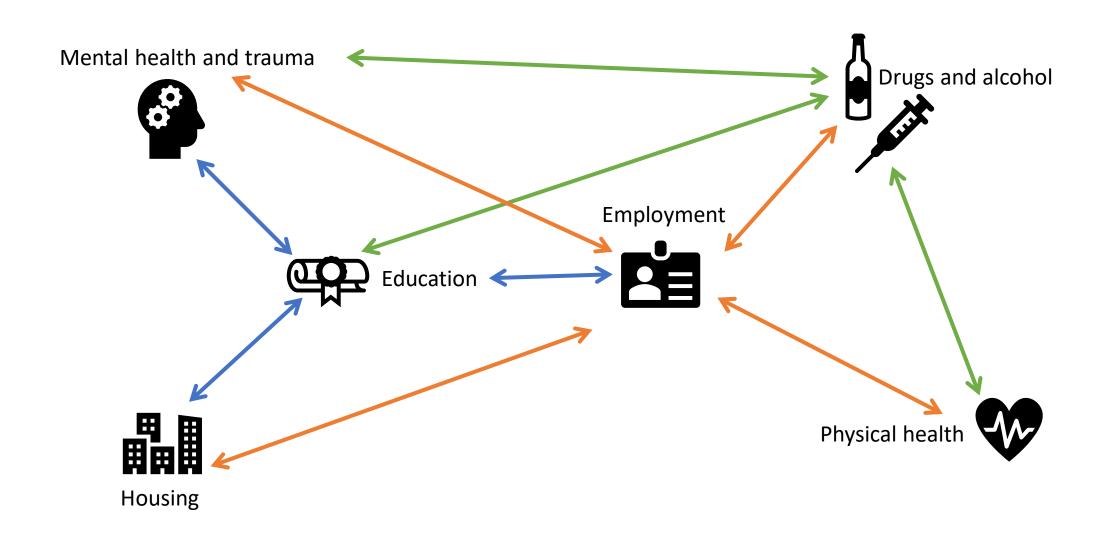
What did we find (statistically speaking)?



Data sources

- Census
- Other NISRA datasets
- Welcome House report
- Child Dental Health Survey
- GP data DoH, GP working on Deep End project
- RQIA information
- Department of Education
- DoH Health Inequalities sub-regional report
- School meals census
- Older People's Survey
- Northern Ireland Housing Bulletin January-March 2021 (communities-ni.gov.uk)
- Northern Ireland Housing Statistics 2019-20 (communities-ni.gov.uk)
- Personal Independence Payment Statistics (communities-ni.gov.uk)
- Benefits Statistics Summary Publication (National Statistics) February 2021 | Department for Communities (communities-ni.gov.uk)
- DfC Since COVID-19 June 2021 Update (communities-ni.gov.uk)
- Town Centre Database | Department for Communities (communities-ni.gov.uk)
- 2020/21 Report on the Northern Ireland Executive's Child Poverty Strategy (communities-ni.gov.uk)
- School meals 2020/21 statistical bulletin 29 April 2021 | Department of Education (education-ni.gov.uk)
- Etc etc etc

What did we find?



What did we find?

- 20 collective engagements with 300 people
- Explored geography, connections and interactions: focus on what matters to people in this place.
- Health profile shaped a common understanding of inequalities & contributing factors in Lisburn
- Increased awareness and understanding of inequalities and increased capacity for collective action
- This work reinforced the shared responsibility between agencies, sectors and communities and stressed importance of a focus on social determinants

What should we do now?

- Essential: governance, leadership, commitment & specialist support
- Embed in strategic structures local Gov, Trusts, AIPBs etc
- Build intelligence (inequalities) into decision making process across sectors/services & all levels- planning, resourcing & service delivery
- Secure commitment for this work

For more information contact:

Dr Lisa Cromey

Speciality Registrar, Public Health Agency
Local Health Profile Lead, Lisburn Health Inequalities Steering Group

Email: <u>Lisa.Cromey@hscni.net</u>

Gillian Lewis

Healthy Living Manager, Resurgam Healthy Living Centre
Co-Chair Lisburn Health Inequalities Steering Group

Email: Gillian.lewis@resurgamtrust.co.uk