



**Community Development
& Health Network**

Community Health Champions (CHC)changes lives changes communities.

Participants are encouraged to use their own knowledge and experience to support, signpost and encourage individuals to engage in activities which promote health and well being within their communities. Participants leave with the skills and confidence to work with their own communities to enhance health and well being.

Skills For Well-Being Volunteers

This programme also includes a short 1 day programme which introduces participants to the role of the CHC.

Community Health Champion Support Training

Organisation's who work with CHC's will have the opportunity to explore and develop the issues and areas of work identified by the CHC's. It provides the opportunity to plan future areas of work based on the knowledge and experience of local people.

